The **Innovative** Ayurvedic Solution For Joints & Muscle Pain







14

Herbs



Indication :

Joints Pain

Joints pain is a common complaint. Joints pain refers to discomfort, aches and soreness in any of the body's joints. Sometimes joint pain is the result of an illness or injury

Muscular Pain

Muscle pain are extremely common. Almost everyone has experienced discomfort in their muscle at some point. This type of pain can be felt practically anywhere

Body Aches

Body aches are common symptom of many conditions. It can be caused by your every day life, especially if you stand, walk or exercise for long periods of time.







Mahamash Oil

It is helpful to relieve pain multiple joint aches and pains pertaining to hand, legs, head, neck

Mahanarayan Oil

It is helpful in lock jaw, neck rigidity, body, muscle and joints pain. It useful to strengthen bones and joints.

Mahavishgarbh Oil

It helps in muscular condition, muscle stiffness, back pain & anti – inflammatory. It manages vata disorders & used for external application.

Gandhpura Oil

it is traditional medicine to relieve joint, muscle and associated pain. Application on affected area is known to provide an immediate relief.







Malkagni Oil

It is helpful to reduce pain, Muscle Swelling and also relief from rheumatoid arthritis.

Devdaru Oil

Devdaru oil is helpful to relieves joints pain, swelling and inflammation.

Kapoor Crystal

It helps muscle aches and pain while stimulating circulation. Also helpful for relieve lower back pain

Taj Oil

Taj oil has been used for thousand of years in ayurvedic medicine to soothe aching joints and numb pain.







Nirgudi Oil

It is an ayurvedic herb, used for all kinds of joints pain it can also reduce swelling as well as excessive pain.

Arand Oil

Is known for treating arthritis, it's anti-inflammatory properties make it and ideal message oil for relieving joint pain.

Satphudina Crystal

It is helpful in relieve chronic joints pain related to arthritis and relief from localized inflammation.

Sarsav Oil

Is also rich in alpha linolenic acid, a type of omega-3 fatty acid that may help decrease inflammation & relieve pain.







Til Oil

Til oil for its anti – inflammatory properties, using it to treat joint inflammation & also reduce the severity and frequency of pain





It helps to reduce pain and inflammation related to arthritis due to its anti – inflammatory and analgesic activity

Prevent Joints pain Later in Life





Get Enough Exercises

If someone have arthritis problem, normal exercise can help you like: Walking – Cycling – Swimming etc.



Stay Hydrated

The cartilage in joints is made up primarily of water. When you're dehydrated, your joints are more susceptible to injury—and less cushy.

Manage your Weight

Weight can have a big impact on arthritis symptoms. Extra weight puts more pressure on your joints.



Avoid Prolonged Static Position

Change your posture frequently as holding your joints in a single position for extended periods of time can result in fatigue and pain



THE INNOVATIVE FORMULA FOR JOINTS PAIN RELIEVER





the avurveda ethics